

## Parent/Guardian Acknowledgment

*I verify that my child has been checked by a licensed physician prior to attending the New Heights tryouts and is physically able to participate. I agree for the coordinators to act on my child's behalf and to obtain medical care. In addition, I understand and assume all risks resulting from participation in this tryout and will hold harmless Central Jersey Field Hockey League Inc./ New Heights, it's employees, Fairfield Township, Health Quest, West Essex Board of Education, Kozak Sports Center, their trustees and officers of any liability, actions, causes of actions, claims, and demands of every kind and nature whatsoever which may arise in connections with or resulting from participating in any of the Central Jersey Field Hockey League /New Heights activities.*

*I also hereby acknowledge and understand the rules and policies of club team New Heights as stated in the brochure and mailings. I also recognize there are no refunds for any reason.*

\_\_\_\_\_  
Parent / Guardian Signature      Date

\_\_\_\_\_  
Insurance Carrier and Policy #

Central Jersey  
Field Hockey

203 Main Street # 249  
Flemington, NJ 08822

**Central Jersey  
Field Hockey**

**Training Sessions**  
**PREPARE FOR  
THE  
2008 SEASON**

**TRAIN WITH FORMER  
OLYMPIC STANDOUT  
AHMED ELMAGHRABY**

Central Jersey Field Hockey  
203 Main Street # 249  
Flemington, NJ 08822  
[www.centraljfh.com](http://www.centraljfh.com)

# WHO WILL YOU BE IN 2008!

## PREMIER COACH

**Ahmed Elmaghaby** is a decorated hockey player in both Egypt and the United States, Elmaghaby competed for Egypt in two World Cups and for the United States in the 1996 Olympic Games during his illustrious career. Since retiring from international competition he has established himself as an elite youth coach as well as a significant member of the New Heights Club coaching staff.

Elmaghaby was named to the Egyptian National Team at the age of 14. In 1984, he helped lead Egypt to a silver medal at the African Games and three years later scored nine goals in the tournament as the youngest player involved. He twice participated at the Hockey World Cup with Egypt. In 1988, he captained Egypt to the Gold Medal at the African Games, finishing as the tournament's top scorer and was named best player. The following year, he traveled with the Egyptian team to participate at the Intercontinental Cup and World Cup qualifying tournament that was held at Drew.

In 1993, he switched to the United States National Team in time to compete in the U.S. Olympics Festival where he won a gold medal and was the top scorer. His team repeated the feat at the 1995 U.S. Olympic Festival and he was again the top scorer. After competing with the American team for three years, he represented the United States at the 1996 Summer Games in Atlanta. In 1998, he competed with the U.S. National team at an indoor tournament in Scotland. During his career, he competed in over 195 International matches for Egypt and the United States combined.

Elmaghaby is one of the premier coaches for New Heights, a top club team which won several gold medals at the National Festival in California.

## Central Jersey Field Hockey

### DIRECTOR:

**Robin Meaney:** Graduate of the College of NJ. Member of TCNJ Nationally ranked teams. Hunterdon Central former Field Hockey Coach, State Champions 1993, 1994, 1996. Teacher of Physical Education at Hunterdon Central (focusing on wellness, outdoor education and group dynamics). Named Teacher of the Year in 2004. Member of US Field Hockey Association. Has been director of Central Jersey Field Hockey and Club Team New Heights for the past 9 years. In that time many of her athletes have gone on to play at the intercollegiate and national levels.

**OUR MISSION IS TO ENABLE THE CONTINUOUS GROWTH AND IMPROVEMENT OF EVERY INDIVIDUAL IN OUR PROGRAMS. WE ARE COMMITTED TO PROVIDING OUR PLAYERS WITH THE HIGHEST QUALITY RESOURCES, COACHES AND COMPETITION. WE ARE GUIDED BY THE VALUES OF:**

*TRUST, RESPECT, RESPONSIBILITY, CARING*

### Program Highlights:

- Shot selections
- Offensive /defensive circle play
- Field play - passing and receiving
- Corner play
- Overall all vision of the game

**Due: No later than 3/15/08**

**Fee: \$375 per athlete**

**Where: Kozak's, Randolph, NJ**

**Dates/Times : (please circle session)**

**Session 1 -M/W :4-6 , Session 2- M/W: 6-8**

**Session 3 -T/Th: 4-6, Session 4 - T/Th: 6-8**

**M/W : 4/2, 4/7,4/9, 4/14, 4/16, 4/21, 4/23, 4/28**

**T/TH: 4/1, 4/3, 4/8, 4/10, 4/15, 4/17, 4/22, 4/24**

Name \_\_\_\_\_

Address \_\_\_\_\_

Athlete email \_\_\_\_\_

Phone \_\_\_\_\_

Grade in School now \_\_\_\_\_ Birthday \_\_\_\_\_ Age \_\_\_\_\_

School \_\_\_\_\_ Coach \_\_\_\_\_

Club Team \_\_\_\_\_ Coach \_\_\_\_\_

**Please write Clear:**

E-mail \_\_\_\_\_

Phone # \_\_\_\_\_

Position \_\_\_\_\_

USFHA membership # \_\_\_\_\_

Expiration Date \_\_\_\_\_

Circle Highest Years of Experience

Varsity Starter 1 2 3 4      Varsity      1 2 3 4

J.V.      1 2 3 4      Junior High 1 2 3 4 5

BE SURE TO COMPLETE THE FRONT AND BACK SIDE OF THIS FORM.

**Send this completed form and fee**

Central Jersey Field Hockey- Team Training

203 Main Street # 249

Flemington, NJ 08822